



PLACE
STAMP
HERE

Story Workshop

An outpatient substance abuse treatment program that combines substance abuse treatment with story work that explores the impact of our unique story on our tendencies, outlook and choices, that leads to finding our place in God's larger story.

Mentoring

The mentoring program provides continuing and long term support to women who have chosen to do the hard work of breaking barriers in their lives. Trained mentors journey beside each woman as she seeks to build a new future.

Residential Home

Part of the vision of Stepping Stones is establishing long term residential treatment centers for women working toward wholeness and healing.

AD-Venture

Another vision is launching a social enterprise consisting of the sale of Artisan-Designed products connected to the stories of women that will eventually become a vocational training ground for women in the program.

For more information

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MENTORING PROGRAM

Mentoring is one of a growing number of components of **Stepping Stones**, a women's ministry of Pathways For Change, a 501(c)(3) nonprofit corporation whose mission includes changing lives, reducing crime and building futures.

The mission of the **Stepping Stones Mentoring Program** is to provide continuing and long-term support for the healing and transformation of women who have chosen to do the hard work of breaking barriers in their lives. The barriers may result from poverty, adverse experiences in early childhood, unhealed trauma, addictions (their own or those of their significant others), or other obstacles. Many times, these barriers have been passed down from generation to generation.

Trained mentors journey beside each woman as she seeks to build a new future. We refer to our mentees as friends because that's what friends do. We coach, guide, support, advise and motivate. The Mentoring Program is designed to create secure relationships with the women in the program in order to speak truth and goodness into their lives, with the hope of subverting decades-old messages of harm⁽¹⁾

⁽¹⁾Dr. Dan Allender, PhD, The Allender Center.

What is a Mentor?

Mentors are...

- ◆ **Coaches**—sharing specific skills and knowledge necessary for growth, including working with her friend to develop her own vision for a well lived life;
- ◆ **Guides**—sharing paths to better decision making consistent with her vision;
- ◆ **Supporters**—Listening to and understanding her concerns about issues in her life;
- ◆ **Advisors**—providing direction where necessary to available resources in the community in support of her vision;
- ◆ **Motivators**—providing encouragement for the achievement of her vision; and
- ◆ **Role Models**—being real with her friend, reflecting the power of an authentic life.

How Do I Learn More?

All prospective mentors are asked to attend a training where information about the Mentoring Program is provided.

During the training you will receive more detailed information about the program along with practical tools for guiding and supporting your friend along your journey together.

To learn more and to find a current schedule of trainings, visit our website:

www.PFC-SteppingStones.org

or call the Pathways For Change Family Center at 850.637.1429 and ask for more information about the Stepping Stones Mentoring Program.

You are invited to join an amazing company of women who will be a blessing and encouragement to you, both women who are already serving as mentors and the women in the program.

Stepping Stones Mission:
Through loving, sharing and healing, Stepping Stones brings honor to every woman's story, one heart at a time, creating hope and an abundant life.
